

Health Screening and Heart Healthy Expo!

Take advantage of some basic health screenings to get a feel for your heart health and any risk you may have.

- Glucose
 - Cholesterol
 - •Carotid Artery Scan
 - •Bone Density Screening
 - •Blood pressure, Weight, BMI

Learning Displays & Educational Breakout Session

•Interactive displays including pacemakers and defibrillators

Ask-the-Doc booth staffed by local female cardiologists

•Mini educational sessions to include "Cardiology 101"

•Fitness Demonstrations

Our Hearts. Our Choice.

Show Up. Speak Up. Save Lives





